Weight/Height Adjustment for Amputation

1. When reporting height and weight in the Health and Nutrition Form (Nutrition History and Diet Tab) for amputees, determine the patient's current weight and the patient's height before amputation (in the case of lower extremity double amputees).

2. Estimate the percent of total body weight contributed by the amputated body part according to the enclosed chart. For example, if a patient is a lower extremity double amputee, estimate the percent of total body weight contributed by the amputated legs at 32% (16% for each leg). If one leg is amputated at the hip and one at the knee, estimate the percent at 21.9% (16% for one entire leg, 1.5% for one foot, and 4.4% for one calf).

3. Divide the patient's present weight by 1 minus the percent amputated. For example, if a patient currently weighing 186 lbs has both entire legs amputated (32% total body weight amputated), subtract .32 from 1 (=.68) and divide this into the patient's current body weight to determine the patient's estimated total body weight (186 /.68 = 273.5 lbs).

4. Use the estimated total body weight (273.5 lbs in the example above) for "present weight" in the Nutrition History and Diet Tab.

5. Use the patient's height before amputation for lower extremity double amputees for "height" in the Nutrition History and Diet Tab.